



# Community Dermatology in mid and south Essex

## Patient Information

Your skin acts as a first line of defence, helping to shield your body from harmful bacteria, viruses, and environmental damage. Because the skin often reflects what is happening internally, noticeable changes can sometimes point to underlying health issues, making ongoing awareness and care essential.

### Our Dermatology Services

If you observe persistent or unusual changes to your skin, you should arrange an appointment with your GP for assessment. Where a dermatology referral is appropriate, your GP can refer you to CHEC, ensuring you are seen by our highly skilled dermatology specialists.



Telehealth virtual assessments  
by Consultant Dermatologists



Multiple locations  
in the heart of the  
community



Seamless patient  
experience



Outcomes communicated  
back to GPs and patients



Specialist Dermatology  
Clinicians



Short appointment  
waiting times

### Who are CHEC?

CHEC (Community Health and Eyecare) is an NHS healthcare provider that delivers specialist community services across England. Working in partnership with the NHS, CHEC provides high-quality care closer to patients' homes, delivered by experienced clinicians and fully integrated with NHS pathways to ensure safe, timely, and coordinated treatment.

### What is Community Dermatology?

Community dermatology is an NHS service that helps adults with skin conditions closer to home. It includes specialist assessments, treatment, and advice without always needing a hospital appointment.

## What happens after my GP refers me?

Once your referral is received:



A specialist dermatology clinician reviews it quickly



Urgent suspected cancer referrals are reviewed within 1 working day



Routine referrals are reviewed within 2 working days

You will be guided to the most appropriate care, which may include:



A virtual (online) skin assessment



A face-to-face appointment



Referral to hospital dermatology if needed

## Will my GP be kept informed?

Yes. After your assessment your GP will receive a full clinical letter and you will also receive a summary. This usually happens within three working days.

## What if I'm already on a waiting list?

If you were previously waiting for dermatology care, your referral will be safely transferred to the new system so you don't lose your place.

## Patient Enquiries



Patient enquiries: **0344 264 4160**



Email: **dermatology.ent1@nhs.net**



Scan for more FAQs

## Confirmed site locations:

- |  |  |
|--|--|
| <b>1 Leigh Primary Care Centre</b><br>918 London Road Leigh-on-Sea,<br>SS9 3NG | <b>5 Thurrock Health Centre</b><br>55-57 High St, Grays,<br>RM17 6NB                   |
| <b>2 Valkyrie PCC</b><br>50 Valkyrie Rd,<br>Westcliff-on-Sea, SS0 8BU          | <b>6 Brentwood Community Hospital</b><br>Crescent Dr, Shenfield,<br>Brentwood CM15 8DR |
| <b>3 Audley Mills Surgery</b><br>57 Eastwood Road,<br>Rayleigh, SS6 7JF        | <b>7 Billericay Health Centre</b><br>Stock Road, Billericay, CM12 0BJ                  |
| <b>4 Benfleet Clinic</b><br>513 High Road, Benfleet,<br>Essex, SS7 5AD         | <b>8 Manor Street Health Hub</b><br>Manor St, Braintree CM7 3HP                        |

